

I Like Someone Who...

This is a fun and low risk activity to help group members learn about each other and discover commonalities.

Equipment: Poly spots work great, but anything that the individuals can stand on without destroying and that won't move much, or at all, when the individual leaves it to go to another spot.

Instructions:

- Have group stand in a circle.
- Give each person a spot and ask them to stand on their spots.
- Explain that you will begin in the center of the circle.
- Explain that you will say something that is true about yourself that is not obviously seen, beginning your statement with the phrase, "I like someone who..." (*for example: I would not say something you can see like, "I like someone who has blue eyes, but rather something about me like, "I like someone who likes to hike in the mountains."*)
- If your statement is true about anyone in the circle, those individuals are to move to another spot.
- At the same time, you will try to occupy a vacant spot.
- If you are successful, one of the people who tried to move will be in the middle.
- It is now that person's turn to say something that is true about him or her beginning with the phrase, "I like someone who..."

Cautions:

- For some groups you may want to make a rule that they must walk.
- Watch for individuals that try to get caught in the middle. I typically tell the group that I can tell when they are trying to stay in the center, and if I catch them, I will trade places with them. We don't want this to be about just one or two people.